



Mental Health



**Tower Hamlets
Clinical Commissioning Group**

Our vision

We want better outcomes for people with mental health problems in Tower Hamlets and to provide opportunities which help people take control of their own lives and recovery.

We will offer mental health services that are seamless, safe and effective, with friendly staff who inspire confidence in the people and families using them.



Our achievements

- We worked with East London NHS Foundation Trust to develop a highly effective system for helping people in crisis to avoid unnecessary overnight stays in local mental health units.
- We won the Local Government Chronicle Health and Social Care Award for work that we did with partners to improve the experience of people with Dementia; we also increased the rate of diagnosis by 8%, making us third best in London for dementia diagnosis.
- We established a new department at the Royal London Hospital to provide expert psychiatric assessment and support for people admitted with a physical health problem.
- We ran a Community Mental Health Nurse project, linked to GP and Community Health Services, to support people with complex mental health needs and lower their risk of admission to hospital.

Our current priorities

- We will improve the ways in which children and young people access mental health services.
- We will focus on supporting older people, including ensuring that talking therapies work seamlessly to support patients across all health, social and community services.
- We will examine how to improve recovery and wellbeing services, including those that support people during the day to prevent them having a mental health crisis.
- We will develop the ways in which people can access, and be supported by, community rehabilitation and resettlement services.

Our priorities for 2014 - 16

1. **We will implement our plans for further development of our primary care based mental health services, including access to talking therapies.**
2. **We will implement our plans for a refreshed whole system service model for children and young people with a mental health problem.**
3. **We will ensure that the new mental health payment system is implemented to secure improved outcomes for patients and carers.**
4. **We will ensure that the infrastructure is in place to support service users to make choices at first outpatient appointment.**
5. **We will implement our plans for developing recovery orientated services.**
6. **We will ensure that services for people with mental health and substance misuse problems are joined up.**
7. **We will work with public health colleagues to roll out a public mental health programme.**
8. **We will work with NHS England to identify opportunities for co-commissioning and ensure that pathways across forensic and children's inpatient mental health services are clear and effective.**
9. **We will ensure that mental health support is available for people with complex health and social care problems who are at risk of admission to hospital.**
10. **We will develop a refreshed service model for people with learning disabilities.**