



## Personal Health Budgets



**Tower Hamlets  
Clinical Commissioning Group**

### Our vision

We want to put people in control of their own care and to provide a personalised approach to caring for people who have complex health needs. We are committed to introducing personal health budgets for people receiving continuing healthcare who are living at home.

We want to expand this offer to include other groups who may benefit from having greater choice and control.



### Our achievements

- Since April 2014, anyone who receives continuing healthcare and lives in their own home has the right to ask for a personal health budget. From October 2014 this becomes a right to have a personal health budget.
- A personal health budget (PHB) is an amount of money from the NHS allocated to an individual to support their identified health and wellbeing needs. PHBs are aimed at helping people maintain their independence, giving them more control over the support services and care they receive.
- We have worked in partnership with City & Hackney, Newham and Tower Hamlets to develop a personal health budget service for continuing health care clients. We are talking to patients to see how to introduce PHBs in a way that supports personalisation and patient choice. We are engaging with GPs and other clinicians, to share information to help patients understand what's on offer. For example, explaining the different options on how to manage a budget to give the patient the level of control they need.
- All new eligible patients are being offered a personal health budget as an option and we are currently in the process of offering this service to all existing eligible patients.

### Our current priorities

- Personal health budgets will become part of the core offer for individuals assessed as eligible for continuing healthcare. This includes working with the local authority to offer PHBs for children with continuing healthcare needs.
- People will have information to make fully informed decisions, including through peer to peer support. We will work with user-led groups and healthcare providers to understand how budgets are working and how we can improve the way we deliver them.

### Our priorities for 2014 - 16

1. We will look to increase the range of things that personal health budgets can be spent on. Going forward, we will explore with patients and clinicians the best way to expand our offer of personal health budgets to include others who may benefit, for example people with long term conditions.
1. For more information see our web page on Personal Health Budgets:  
[www.towerhamletscg.nhs.uk/local-services/personal-health-budgets](http://www.towerhamletscg.nhs.uk/local-services/personal-health-budgets)