

Tower Hamlets transformation plan for children and young people's mental health and wellbeing 2017

Tower Hamlets CCG, working with partners, has submitted a draft transformation plan for 2017 for assurance by NHS England, as required by national policy. The CCG has proposed a six-week window for stakeholder clarification, validation and comment, and incorporation of NHSE feedback. This timeline (at the end of this document) will also allow the CCG and its partners to align the proposals with the evolving governance structures in the borough and more widely with the East London Health and Care Partnership, and also create the opportunity for discussion in appropriate interagency forums.

NHS England requires agreement by the Health and Wellbeing Board (HWB). The HWB website shows meetings on 20 December 2017 on 20 March 2018 (the 2016 transformation plan was agreed by HWB in February 2017 and can be downloaded from this website). The final plan will be published when it is approved by the HWB.

What is a Transformation Plan for Children and Young People's Mental Health and Wellbeing?

The transformation plan 2017 describes how we intend to transform our 'whole system' for children and young people's mental health and wellbeing and show we are transparent about our resources. 'Whole system' means all the relevant services working together, not just those whose only role is mental health.

This will be our third Children and Young People's Mental Health (CYP MH) Transformation Plan. Last year we renewed our vision for children and young people's mental health in the borough. This year we are setting out a stronger commissioning ambition, to ensure we are delivering the services needed in Tower Hamlets in the most effective way. To achieve this ambition, we will undertake a review with all partners working together.

Part one will set out:

- Priorities
- A stronger commissioning ambition for Tower Hamlets
- Actions to implement our priorities
- A draft programme for our proposed collaborative review

Part two will set out:

- Information about finance, activity, services and governance

All this information will be published on the Tower Hamlets CCG website.

Finally, a public facing document will be produced, describing what we plan to do to implement our priorities, asking: Why is this important? What is being done already? What is our focus for action? First 12 months - what will we do? What will have changed in three years? And how will we know if it's working?

More information

Please contact martin.bould@nhs.net

Priority areas for transformation of services

In 2016, we set out a comprehensive list of strategic areas where we wish to transform our services – our roadmap, guiding our transformation journey to 2021 and setting out detailed milestones. This shows those parts of our service where we think things are not working now and the way we want them to work in the future.

Each year we review the list, report our progress, and set out our current priorities. The core list will stay broadly the same.

These are the six priority areas in 2017/18:

<p>Better access and more children and young people seen (to 2021)</p> <ul style="list-style-type: none"> • Meet NHS targets in the Mental Health Five Year Forward View • Strengthen our local joint approach to supporting school mental health and wellbeing • Recognise the part voluntary and community organisations play in young people’s mental health
<p>Children and young people’s mental health crisis response (to 2018)</p> <ul style="list-style-type: none"> • Improve existing crisis services • Plan a better system for a 24/7 response
<p>Vulnerable children and young people (to 2019)</p> <ul style="list-style-type: none"> • Focus on looked after children • Improved pathways for: <ul style="list-style-type: none"> ○ Children and young people with learning disabilities or on the autistic spectrum with behaviour that challenges ○ Children and young people in the justice system ○ Children who have been sexually abused ○ Children on the Edge of Care (i.e. where care proceedings may be considered)
<p>Mental health for new parents (to 2021)</p> <ul style="list-style-type: none"> • Specialist perinatal mental health care • Community support for parent/infant wellbeing
<p>Workforce (to 2021)</p> <ul style="list-style-type: none"> • Training programmes • Workforce planning review
<p>Better use of mental health data and outcomes (to 2019)</p>

The following table shows ten further areas (set out in last year’s plan) where transformation is ongoing.

Joint vision for integration to 2020
New young people’s mental health service to 2020
New service model for inpatient Children and Adolescent Mental Health Services to 2021
Attachment and help in early years to 2018
Transition to adult services to 2021
Improved pathway: Children and young people with autistic spectrum disorder to 2018
Reduction in suicide to 2021
iThrive principles to 2019
Integrated Personal Commissioning to 2018

Shorter waits – this project was completed in 2017 and will be subsumed into better access and better use of data

Why do we need a stronger commissioning ambition?

Local children and young people's mental health services require **both** investment **and** transformation in order to assure the CCG and partners that the Mental Health Five Year Forward View targets and the requirements of the NHS/DH policy document *Future in Mind* (2015) can be met in Tower Hamlets.

- Investment because services have to see more children and young people each year in order to meet national targets (national proposals are set out in *Implementing the Mental Health Five Year Forward View*)
- Transformation because we need everyone to work together to improve services and outcomes, making the best use of resources available.

Finally, the task of improvement is so important and so complex that, as a children and young people's mental health community, we have to be sure that we have the right systems in place to deliver it, and to demonstrate that we will remain on track.

Achieving the necessary transformation and meeting the targets now requires a step-change in local joint working and a transformation of mental health delivery between NHS and children's social care services. A whole-system approach is also required, harnessing the contribution of all sectors working towards improved outcomes.

Although significant changes and innovations have been made in children and young people's mental health services to date, backed by CCG investment and improved service delivery, local partners wish to see an even stronger pathway and more radical approaches in order to make their commissioning goals a reality.

We are therefore proposing a collaborative review of our local children and young people's mental health 'whole system' so we can be sure it is fit to deliver.

Next steps

For more information, please contact martin.bould@nhs.net

- We will ask all local stakeholders for views on our draft plan (by email as above)
- Agenda item on the Joint Commissioning Executive meeting in December 2017
- Tower Hamlets Together Children and Maternity Services Programme Board meets on 28 November 2017
- The Mental Health and Emotional Wellbeing Strategy Group – a multi-agency group will meet on 4 December 2017
- We will incorporate feedback received from stakeholders and NHS England by 15 December 2017
- We will set a date for consideration by Tower Hamlets Health and Wellbeing Board.